

May 2017 Kingston Intermediate School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <i>Breaded Mozzarella Sticks w/ Warm Marinara Sauce</i>	2 <i>Grilled Cheese Sandwich or French Bread Pizza</i>	3 <i>Breaded Chicken Patty on a Roll</i>	4 <i>Chicken Fajita Shredded Lettuce & Tomato</i>	5 <i>Stuffed Crust Cheese or B.B.Q. Chicken Pizza Romaine Salad w/ Dressing</i>
<i>Garlic Bread Stick Romaine Salad w/ Dressing Chilled Fruit</i>	<i>Fresh Garden Salad w/ Dressing Chilled Fruit</i>	<i>Sweet Potato Fries</i>	<i>Beef Taco on a Hard or Soft Shell Mexican Rice Chilled Fruit</i>	<i>Hummus Chilled Fruit</i>
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>French Toast w/ Warm Syrup Sausage Yogurt Chilled Fruit Juice</i>	<i>Ham & Cheese on an English Muffin Potato Puffs Chilled Fruit</i>	<i>Bagel w/ Cream Cheese Assorted Cold Cereals Cheese Stick Chilled Fruit Juice</i>	<i>Grilled Ham & Cheese Sandwich Assorted Cold Cereals Cheese Stick Chilled Fruit</i>	<i>Pancakes w/ Warm Syrup Ham Stick Assorted Cold Cereals Chilled Fruit Juice</i>
8 <i>Crispy Chicken Nuggets Mashed Potato</i>	9 <i>Cheese Dog</i>	10 <i>Sweet & Sour Meatballs Buttered Pasta</i>	11 <i>Baked Chicken Dinner Mashed Potato</i>	12 <i>Cheese or Pepperoni Pizza</i>
<i>Mixed Vegetables Chilled Fruit</i>	<i>Meatball Sliders Sweet Potato Fries Corn on the Cobb Chilled Fruit</i>	<i>Buttered Spinach Chilled Fruit</i>	<i>Carrots Chilled Fruit</i>	<i>Ham & Cheese Sandwich Romaine Salad w/ Dressing Hummus Chilled Fruit</i>
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>French Toast w/ Warm Syrup Sausage Yogurt Chilled Fruit Juice</i>	<i>Ham & Cheese on an English Muffin Potato Puffs Chilled Fruit</i>	<i>Bagel w/ Cream Cheese Assorted Cold Cereals Cheese Stick Chilled Fruit Juice</i>	<i>Grilled Ham & Cheese Sandwich Assorted Cold Cereals Cheese Stick Chilled Fruit</i>	<i>Pancakes w/ Warm Syrup Ham Stick Assorted Cold Cereals Chilled Fruit Juice</i>
15 <i>Grilled Cheese or Ham & Cheese Sandwich</i>	"Breakfast for Lunch" <i>Assorted Cereals Sausage Links Poptarts Baby Carrots Chilled Fruit</i>	17 <i>Baked Macaroni & Cheese Meatballs Bread Stick</i>	18 <i>Ham & Cheese Sandwich</i>	19 "The Max" <i>Stuffed Crust Pizza</i>
<i>Sweet Potato Fries Chilled Fruit</i>	<i>Green Beans Chilled Fruit</i>	<i>Tuna Fish Sandwich Baked Potato Chips Carrots Chilled Fruit</i>	<i>Caesar Salad w/ Dressing Hummus Chilled Fruit</i>	<i>Chicken Patty on a Roll Caesar Salad w/ Dressing Hummus Chilled Fruit</i>
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>French Toast w/ Warm Syrup Sausage Yogurt Chilled Fruit Juice</i>	<i>Ham & Cheese on an English Muffin Potato Puffs Chilled Fruit</i>	<i>Bagel w/ Cream Cheese Assorted Cold Cereals Cheese Stick Chilled Fruit Juice</i>	<i>Grilled Ham & Cheese Sandwich Assorted Cold Cereals Cheese Stick Chilled Fruit</i>	<i>Pancakes w/ Warm Syrup Ham Stick Assorted Cold Cereals Chilled Fruit Juice</i>
22 <i>Hamburger/Cheeseburger on a Roll Lettuce & Tomato</i>	23 <i>Popcorn Chicken Whipped Potato</i>	24 <i>Beef Taco on a Hard or Soft Shell Taco Shredded Lettuce & Tomato</i>	25 <i>Baked Ziti w/ Meat sauce Garlic Bread Buttered Pasta Garden Salad w/ Dressing Carrots Chilled Fruit</i>	26 <i>Stuffed Crust Pizza</i>
<i>Sweet Potato Fries Chilled Fruit</i>	<i>Assorted Veggie Tray Broccoli Chilled Fruit</i>	<i>Corn Chilled Fruit</i>	<i>Tuna Fish Sandwich Caesar Salad w/ Dressing Hummus Chilled Fruit</i>	<i>Caesar Salad w/ Dressing Hummus Chilled Fruit</i>
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>French Toast w/ Warm Syrup Sausage Yogurt Chilled Fruit Juice</i>	<i>Ham & Cheese on an English Muffin Potato Puffs Chilled Fruit</i>	<i>Bagel w/ Cream Cheese Assorted Cold Cereals Cheese Stick Chilled Fruit Juice</i>	<i>Grilled Ham & Cheese Sandwich Assorted Cold Cereals Cheese Stick Chilled Fruit</i>	<i>Pancakes w/ Warm Syrup Ham Stick Assorted Cold Cereals Chilled Fruit Juice</i>
30 <i>Breaded Mozzarella Sticks w/ Warm Marinara Sauce Garlic Bread Sticks Romaine Salad w/ Dressing Chilled Fruit</i>	31 <i>French Toast w/ Warm Syrup Ham Sticks Cheese Sticks Mini Snack Carrots Chilled Fruit</i>	<i>French Toast w/ Warm Syrup Ham Sticks Cheese Sticks Mini Snack Carrots Chilled Fruit</i>	Breakfast	Breakfast
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<i>Ham & Cheese on an English Muffin Potato Puffs Chilled Fruit</i>	<i>Bagel w/ Cream Cheese Assorted Cold Cereals Cheese Stick Chilled Fruit Juice</i>	<i>Bagel w/ Cream Cheese Assorted Cold Cereals Cheese Stick Chilled Fruit Juice</i>	Breakfast	Breakfast

"Memorial Day"



No School

Breakfast - \$1.25 Reduced - \$.30
Lunch - \$2.50 - Reduced - \$.40
Extra Milk - \$.75

Milk, Fruit, 100% Fruit Juice and Vegetables are included with Breakfast and Lunch.

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Smucker's P.B. & J. Sandwiches

" This institution is an equal opportunity provider and employer "

Applications for Free and Reduced Meals are available at the school office and at dzeoli@slrsd.org



"Harvest of the Month"
"Lettuce"

